

Daily Prayer

Sixteenth Sunday in Ordinary Time Year C,
The Year of Luke; Jubilee Year 2025



Readings: Genesis 18:1-10; Ps 14:2-5. R. v.1; Colossians 1:24-28; Luke 10:38-42.

Jubilee Year: Pilgrims of Hope

Source: [Jubilee Resource Pack for Parishes](#)

Jubilee years are a time of newness. They have been celebrated throughout the history of the Church, but their roots go back to the Old Testament, when the Israelites were commanded to celebrate a jubilee every 50 years...

Saint Mary of the Cross MacKillop used to say: 'We are but travellers here.' For the 2025 Jubilee Year, Pope Francis invites us to reflect on what it means to be pilgrims of hope: a people who are not only travellers here but walking in joyful anticipation of 'the heavenly goal to which we have been called' (SNC §25).

Pope Francis believed that, in today's world, hope suffers; that too many people have been robbed by cynicism and despair. During Jubilee 2025, he wanted everyone to have 'an intense experience of the love of God that awakens in hearts the sure hope of salvation in Christ' (SNC §6). Only this hope—born from knowing that nothing can separate us from God's love (Rom 8:35-39)—can breathe life back into weary souls.

This hope is not optimism. It is not a forced positivity in the face of hardship and evil. It is a grace from God, a trust in the Lord's promises: that he is good, that he is merciful, and that we are journeying towards the one who says, 'Look, I am making everything new' (Rev 21:5).



For this reason, the most striking part of the logo for this jubilee is the cross: bending towards humanity and forming an anchor, it depicts the cross as something to cling to, especially in rough seas. It is a contemporary 'riff' on an old biblical image. The epistle to the Hebrews describes the hope we have in Christ as 'an anchor of the soul, as sure as it is firm' (6:19).

The cross is not a dead symbol from the past. It is a living sign of God's unfathomable love, and one that carries us together in pilgrimage towards heaven.

Preparations for Daily Prayer

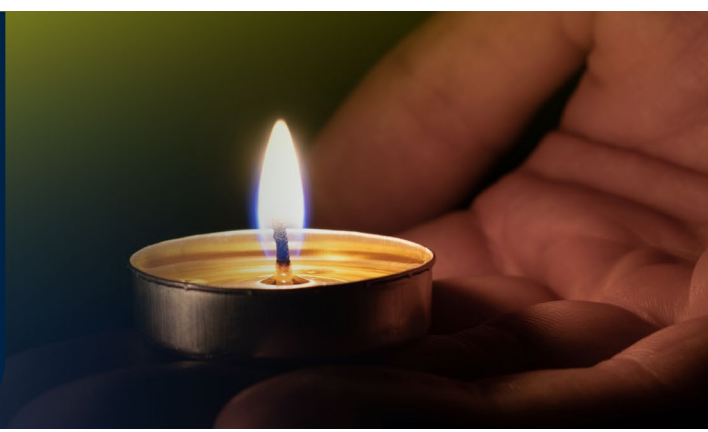
The following daily prayers can be used in their entirety or adapted to meet the needs of the audience. The prayers draw on the Sunday readings, so you may use any of the prayers on any day, although special focus will be given to Feast days, Solemnities, and days of special cultural significance. Feel free to adapt the prayers for special occasions or specific intentions of your own class and school.

The prayers will introduce students to traditional prayer and liturgical practices and responses, as well as a variety of Christian spiritual experiences. Take the opportunity to create a Sacred Space for prayer as you might do in creating a protected garden. This may include a prayer cloth or placemat, a bible, a crucifix, a candle, and flowers. Additional resources (apps, websites, music, videos) will be suggested for those wanting to enrich the prayers or to understand the readings at a deeper level.



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The Year of Luke

The Gospel readings for this Year C are taken from the Gospel of Luke and the Church is in the Sixteenth Week of Ordinary Time.

Daily Prayer will invite those gathered to participate in prayer rituals and respond respectfully in a prayerful context. This week is about setting up for success in a way that those gathered will become comfortable with the structure, the responses, the gestures, the prayers and the symbols. Daily Prayer will be a time when all feel welcomed and valued.

Overview of the Week

Day and Liturgical Colour	Daily Prayer	Links to Liturgy, Traditional Prayers, and Forms of Prayer
Monday – Green	<i>Abraham meets the Lord, is promised a son.</i>	Short Responsorial Prayer. First Reading.
Tuesday – Green	<i>The mystery hidden for centuries has now been revealed to his saints.</i>	Short Responsorial Prayer. Second Reading, Go Forth.
Wednesday – Green	<i>Martha took up the duties in the house. Mary chose the better part.</i>	Short Responsorial Prayer. Gospel Reading. Gather, Go Forth.
Thursday – Green	<i>Your words, Lord, are spirit and life.</i>	Gospel Acclamation. Prayers of the Faithful.
Friday – Green	<i>The just will live in the presence of the Lord.</i>	Responsorial Psalm. Listen, Go Forth.

Note that scripture quotations are from the Lectionary (*Jerusalem Bible*) or NRSV.

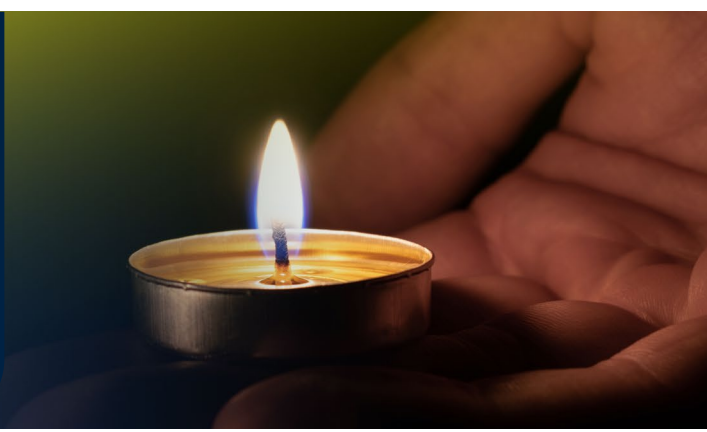
Suggested Teacher Background for the Readings

- Liturgy Help: [Commentaries and Homilies & Reflections](#)
- Loyola Press: [Sunday Connection](#)
- The Emmaus Series: [Sunday Reflections](#).



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Readings: Genesis 18:1-10; Ps 14:2-5. R. v.1; Colossians 1:24-28; Luke 10:38-42.

Monday

Today's Daily Prayer – Abraham meets the Lord, is promised a son.

Preparation: Choose a reader and someone to light the candle.

Gather

Remind those present to turn phones to silent, close computer screens, sit quietly and prepare for prayer by becoming aware of God present in the word, in each other and in ourselves. Take a few slow, deep breaths to help us focus on this moment. There may be special occasions or specific intentions that those gathered may wish to include in today's prayer.

The Sign of the Cross

Leader: Let us be silent. Today we will pray with the gospel that was read this past weekend at Masses all around the world to celebrate the Solemnity of the Body and Blood of Christ.

Let us begin our prayer with the Sign of the Cross.

All: In the name of the Father and of the Son and of the Holy Spirit. Amen.

(Light candle and pause.)

Short Responsorial Prayer

Leader: May we find time to rest in the silent peace of Christ.

All: The just will live in the presence of the Lord.

Leader: May we find inspiration in the teachings of Christ.

All: The just will live in the presence of the Lord.

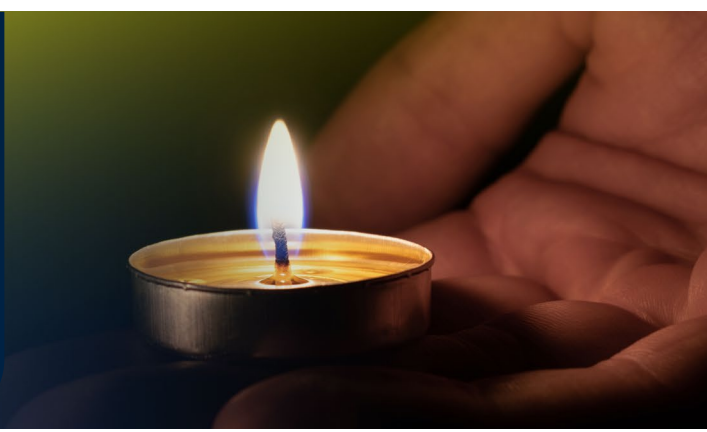
Leader: May we always trust that we are in the care of our God.

All: The just will live in the presence of the Lord.



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Listen

If possible, the scripture passage is to be read from a lectionary or a bible, which could be put in an honoured place. Readers are to read slowly and clearly when proclaiming the Word of God and treat the text with reverence.

Leader: Let us sit in silence and open our mind, to hear the word of God.

Narrator: A reading from the book of Genesis.

Reader: The Lord appeared to Abraham at the Oak of Mamre while he was sitting by the entrance of the tent during the hottest part of the day. He looked up, and there he saw three men standing near him. As soon as he saw them he ran from the entrance of the tent to meet them, and bowed to the ground. 'My lord,' he said, 'I beg you, if I find favour with you, kindly do not pass your servant by. A little water shall be brought; you shall wash your feet and lie down under the tree. Let me fetch a little bread and you shall refresh yourselves before going further. That is why you have come in your servant's direction.' They replied, 'Do as you say.'

Abraham hastened to the tent to find Sarah. 'Hurry,' he said, 'knead three bushels of flour and make loaves.' Then running to the cattle Abraham took a fine and tender calf and gave it to the servant, who hurried to prepare it. Then taking cream, milk and the calf he had prepared, he laid all before them, and they ate while he remained standing near them under the tree.

'Where is your wife Sarah?' they asked him. 'She is in the tent,' he replied. Then his guest said, 'I shall visit you again next year without fail and your wife will then have a son.'

(Pause.)

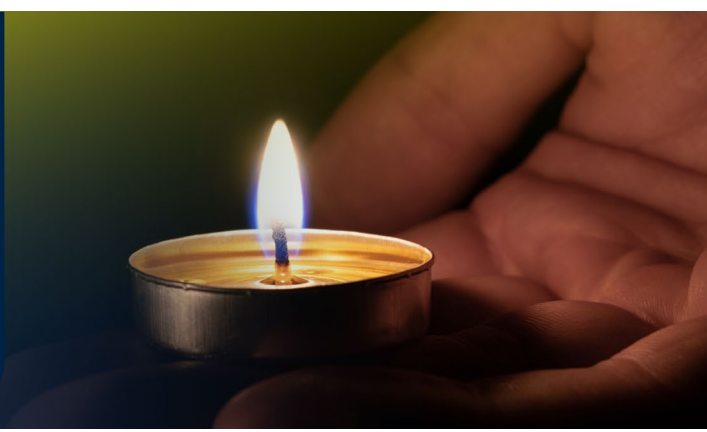
The Word of the Lord.

All: Thanks be to God.



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Respond

Leader:

Let's now spend some time in reflective silence pondering our wonderings.

What is this reading saying to you?

(3 minutes)

You are invited to share your wonderings with those around you. (5 minutes)

Leader: Shepherd God, you care for us with gentleness and love.
Help us to listen for your voice and turn to you in our time of need.

All: Amen.

Go Forth

Leader: Let us now ask God to bless us.

All: **May the Lord guide our hearts, lead us in the ways of love and fill us with peace.**

Leader: Pope Francis told us that "with the Jubilee, we start a new life, a new phase... we begin again." [Source](#)

Let us go forth this week sharing the light of hope and message of God's love in all that we say and do.

All: God, guide us on our journey as 'Pilgrims of Hope'.

Extinguish candles and pause.

All: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.



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Readings: Genesis 18:1-10; Ps 14:2-5. R. v.1; Colossians 1:24-28; Luke 10:38-42.

Tuesday

Today's Daily Prayer – The mystery hidden for centuries has now been revealed to his saints.

Preparation: Choose a reader and someone to light the candle.

Gather

Remind those present to turn phones to silent, close computer screens, sit quietly and prepare for prayer by becoming aware of God present in the word, in each other and in ourselves. Take a few slow, deep breaths to help us focus on this moment. There may be special occasions or specific intentions that those gathered may wish to include in today's prayer.

The Sign of the Cross

Leader: Let us begin our prayer with the Sign of the Cross.

All: In the name of the Father and of the Son and of the Holy Spirit. Amen.

Leader: We light a candle knowing that we are in the presence of a merciful and loving God.

(Light candle and pause.)

Short Responsorial Prayer

Leader: May we find time to rest in the silent peace of Christ.

All: The just will live in the presence of the Lord.

Leader: May we find inspiration in the teachings of Christ.

All: The just will live in the presence of the Lord.

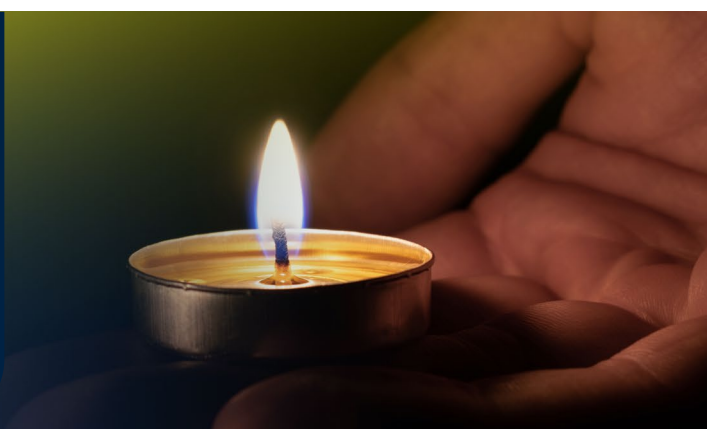
Leader: May we always trust that we are in the care of our God.

All: The just will live in the presence of the Lord.



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Listen

If possible, the scripture passage is to be read from a lectionary or a bible, which could be put in an honoured place. Readers are to read slowly and clearly when proclaiming the Word of God and treat the text with reverence.

Leader: Let us sit in silence and open our mind, to hear the word of God.

Reader: A reading from the letter of St Paul to the Colossians.

It makes me happy to suffer for you, as I am suffering now, and in my body to do what I can to make up all that has still to be undergone by Christ for the sake of his body, the Church. I became the servant of the Church when God made me responsible for delivering God's message to you, the message which was a mystery hidden for generations and centuries and has now been revealed to his saints. It was God's purpose to reveal it to them and to show all the rich glory of this mystery to pagans. The mystery is Christ among you, your hope of glory: this is the Christ we proclaim, this is the wisdom in which we thoroughly train everyone and instruct everyone, to make them all perfect in Christ.

(Pause.)

The Word of the Lord.

All: Thanks be to God.

Respond

Leader: Let's sit with the reading for a minute or two, reflecting on what you think Paul is telling the Colossians.

Pause

In pairs, share what you feel Paul is writing about and what it could mean for us today.

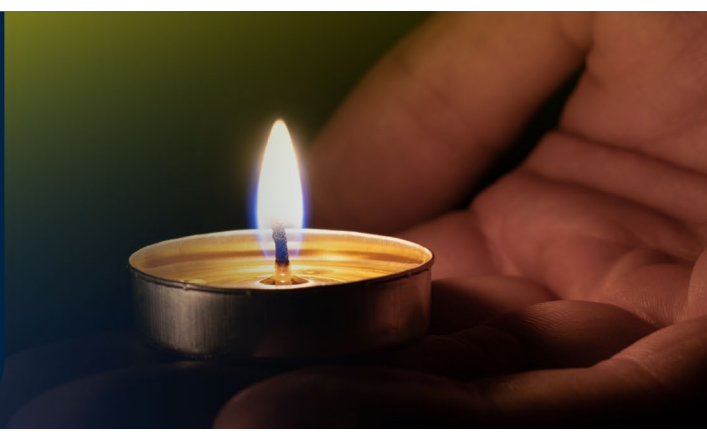
How does this reading add to your understanding of who Jesus is?

All: **Help us to understand God's purpose in our lives, and to share the faith, hope and love with others every day.**



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Go Forth

Leader:

Let us ask God to bless us.

All: **Bless us, O God. Bless our work so that it is seen as the work of your hands, and bring lasting peace to all, near and far.**

Leader: Pope Francis told us that “with the Jubilee, we start a new life, a new phase... we begin again.” [Source](#)

Let us go forth in this week, sharing the light of hope and message of God’s love in all that we say and do.

All: **God, guide us on our journey as ‘Pilgrims of Hope’.**

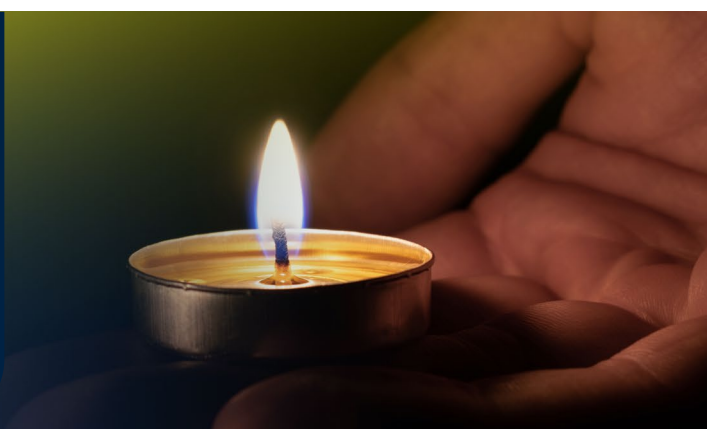
Extinguish candles and pause.

All: **In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**



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Readings: Genesis 18:1-10; Ps 14:2-5. R. v.1; Colossians 1:24-28; Luke 10:38-42.

Wednesday

Today's Daily Prayer - Martha took up the duties in the house. Mary chose the better part.

Preparation: Choose a reader and someone to light a candle.

We Gather

Remind those present to turn phones to silent, close computer screens, sit quietly and prepare for prayer by becoming aware of God present in the word, in each other and in ourselves. Take a few slow, deep breaths to help us to focus on this moment. There may be special occasions or specific intentions that those gathered may wish to include in today's prayer.

The Sign of the Cross

Leader: Let us begin our prayer with the Sign of the Cross.

All: In the name of the Father and of the Son and of the Holy Spirit.

Amen.

Leader: We light a candle knowing that we are in the presence of a loving God.

(Light candle and pause.)

Short Responsorial Prayer

Leader: May we act in love to all we meet that they may know God.

All: The just will live in the presence of the Lord.

Leader: May the poor, the homeless, and refugees seeking a safe country find us willing to welcome them.

All: The just will live in the presence of the Lord.

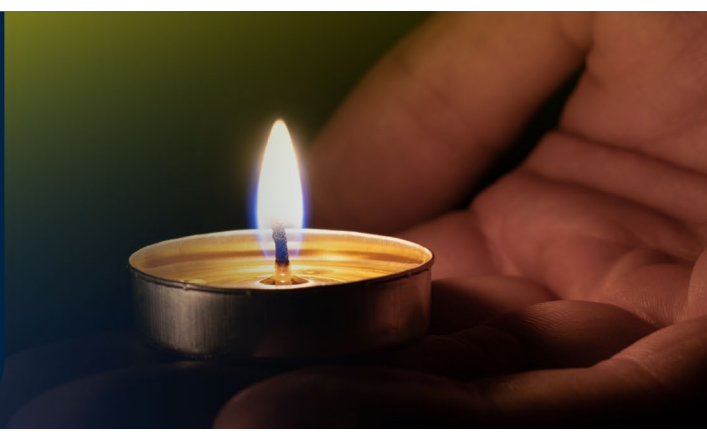
Leader: May we be the face of your compassion to the world.

All: The just will live in the presence of the Lord.



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If possible, the scripture passage is to be read from a lectionary or a bible, which could be put in an honoured place. Readers are to read slowly and clearly when proclaiming the word of God and treat the text with reverence.

Leader: Let us prepare to listen attentively to the sacred words of Scripture.

Reader: A reading from the holy Gospel according to Luke.

Jesus came to a village, and a woman named Martha welcomed him into her house. She had a sister called Mary, who sat down at the Lord's feet and listened to him speaking. Now Martha who was distracted with all the serving said, 'Lord, do you not care that my sister is leaving me to do the serving all by myself? Please tell her to help me.' But the Lord answered: 'Martha, Martha,' he said, 'you worry and fret about so many things, and yet few are needed, indeed only one. It is Mary who has chosen the better part; it is not to be taken from her.'

The Gospel of the Lord

All: Praise to you Lord Jesus Christ

Respond

Leader: Sit with the reading for a minute or two. Pick one word from the reading and write it on your paper. Make this word the centre of a sketch. As you draw, wonder about the following:

What do you worry about?

Do you trust in God to always be with you?

How does this reading speak to us of choosing to be with God over all the distractions of daily life?

Share a thought you had while completing your sketch.

Go Forth

All: Know our thoughts and needs, O Lord, and help us to remain close in your embrace, sure of your love and confident that you hear our prayers.

Leader: Pope Francis told us that "with the Jubilee, we start a new life, a new phase... we begin again." [Source](#)

All: God, guide us on our journey as 'Pilgrims of Hope'.

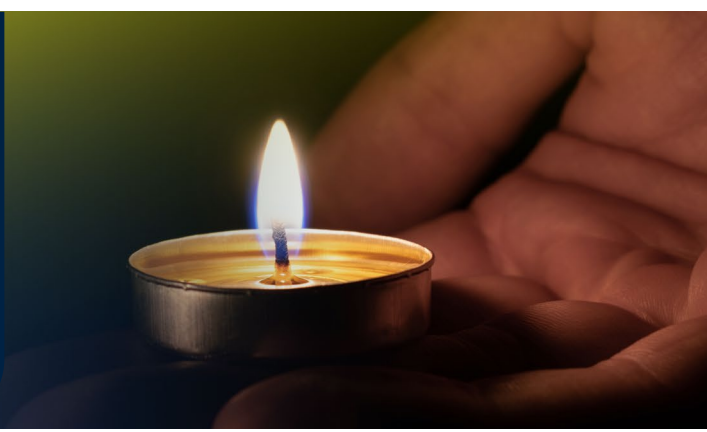
Extinguish candles and pause.

All: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.



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Readings: Genesis 18:1-10; Ps 14:2-5. R. v.1; Colossians 1:24-28; Luke 10:38-42.

Thursday

Today's Daily Prayer – Jesus eats at the home of Martha and Mary.

Preparation: Choose readers and someone to light the candle,

Gather

Remind those present to turn phones to silent, close computer screens, sit quietly and prepare for prayer by becoming aware of God present in the word, in each other and in ourselves. Take a few slow, deep breaths to help us to focus on this moment. There may be special occasions or specific intentions that those gathered may wish to include in today's prayer.

The Sign of the Cross

Leader: Let us begin our prayer with the Sign of the Cross.

All: In the name of the Father and of the Son and of the Holy Spirit. Amen.

Leader: We light a candle knowing that we are in the presence of a loving God.

Light candle and pause.

Short Responsorial Prayer

Leader: May we cherish the gift of family and nurture our special bond with those closest to us.

All: The just will live in the presence of the Lord.

Leader: May our family members who have gone to you be held in loving arms and know your peace.

All: The just will live in the presence of the Lord.

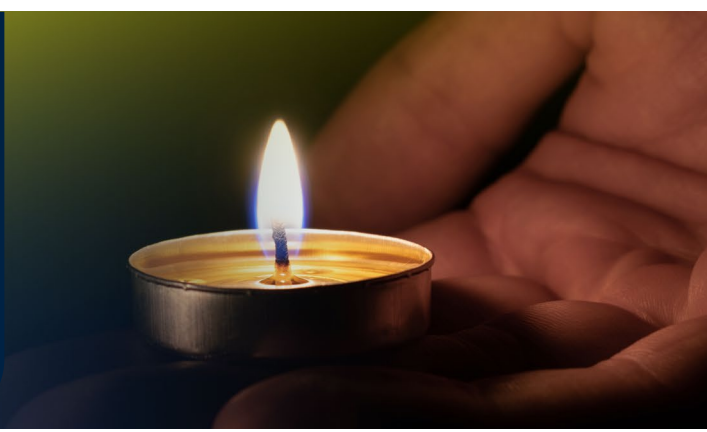
Leader: May we always cherish our spiritual family, especially Mary who brought our Saviour into the world.

All: The just will live in the presence of the Lord.



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Listen

If possible, the scripture passage is to be read from a lectionary or a bible, which could be put in an honoured place. Readers are to read slowly and clearly when proclaiming the word of God and treat the text with reverence.

Leader: Let us pray together the Gospel Acclamation:

Alleluia, alleluia!

**Your words, Lord, are spirit and life;
you have the words of everlasting life.**

Alleluia!

Respond

Prayers of the Faithful

Leader: Our God loves us so much that he sent Jesus, his Son, to save us. Confident of that love, we can turn to God with our needs and the needs of the whole world.

Reader: That the Church will tell all people the Good News of Jesus. Lord, hear us.

All: **Lord, hear our prayer.**

Reader: That we will always listen to the message of Jesus in the Gospels. Lord, hear **us**.

All: **Lord, hear our prayer.**

Reader: That there will be an end to wars and violence. Lord, hear us.

All: **Lord, hear our prayer.**

Reader: That we will look after those who are sick or lonely. Lord, hear us.

All: **Lord, hear our prayer.**

Reader: That people who are travelling will arrive safely at their destination. Lord, hear us.

All: **Lord, hear our prayer.**

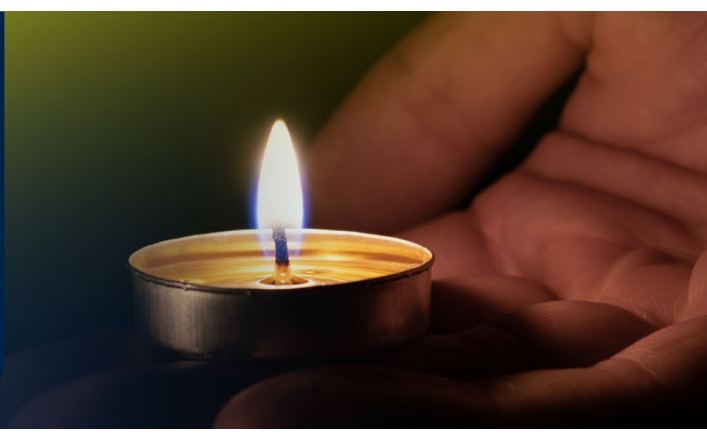
Leader: Loving God, you sent your Son to teach us how to live as your children. Help us to listen for your voice. We ask this through Christ our Lord.

All: **Amen.**



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Go Forth

**All: We ask you, God, to bless us,
To keep us in your Light,
and to help us always to walk in your way.**

Leader: Pope Francis told us that “with the Jubilee, we start a new life, a new phase... we begin again.” [Source](#)

Let us go forth from here sharing the light of hope a grace filled life can offer.

All: God, guide us on our journey as ‘Pilgrims of Hope’.

Extinguish candles and pause.

All: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.



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Readings: Genesis 18:1-10; Ps 14:2-5. R. v.1; Colossians 1:24-28; Luke 10:38-42.

Friday

Today's Daily Prayer – The just will live in the presence of the Lord.

Preparation: Choose readers and someone to light the candle.

Gather

Remind those present to turn phones to silent, close computer screens, sit quietly and prepare for prayer by becoming aware of God present in the word, in each other and in ourselves. Take a few slow, deep breaths to help us focus on this moment. There may be special occasions or specific intentions that those gathered may wish to include in today's prayer.

The Sign of the Cross

- Leader:** Today our focus for prayer will be the Sign of the Cross:
a traditional prayer practice that remembers and honours the Holy Trinity.
We pray the Sign of the Cross together.
Let us do this slowly and reverently.
- All:** **In the name of the Father and of the Son and of the Holy Spirit. Amen.**
(Light candle and pause.)



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Listen

Leader: Let us pray the Responsorial Psalm together.

Reader: The just will live in the presence of the Lord.

All: **The just will live in the presence of the Lord.**

Reader: Lord, who shall dwell on your holy mountain?

He who walks without fault;

he who acts with justice

and speaks the truth from his heart;

he who does not slander with his tongue.

All: **The just will live in the presence of the Lord.**

Reader: He who does no wrong to his brother,

who casts no slur on his neighbour,

who holds the godless in disdain,

but honours those who fear the Lord.

All: **The just will live in the presence of the Lord.**

Reader: He who keeps his pledge, come what may;

who takes no interest on a loan

and accepts no bribes against the innocent.

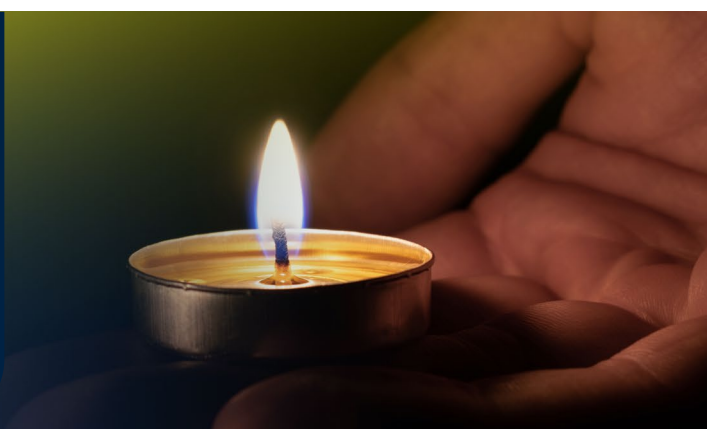
Such a man will stand firm for ever.

All: **The just will live in the presence of the Lord.**



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Respond

Leader: I invite you to take a few minutes to reflect on the meaning of this psalm.

Leader: In pairs let's share with each other what we think the psalm is about

(Time for sharing)

Leader: Thank you for entering into this prayer time. Let's now finish out prayer time with a blessing.

Go Forth

Reader: Loving God, bless us with faith and hope.

All: **Amen.**

Reader: Lord Jesus, the Way, the Truth and the Light, journey with us.

All: **Amen.**

Reader: Blessed Holy Spirit, empower us with strength and courage.

All: **Amen.**

The Sign of Peace

Leader: As we come to the end of another week, let us offer each other a sign of peace.

(Sign of Peace)

Leader: Pope Francis told us that "with the Jubilee, we start a new life, a new phase... we begin again." [Source](#)

Let us go forth from here sharing God's peace and hope in all that we say and do.

All: **God, guide us on our journey as 'Pilgrims of Hope'.**

Extinguish candles and pause.

All: **In the name of the Father, and of the Son, and of the Holy Spirit. Amen.**

